

EDUCATIONAL PROGRAMS

Series 600

Policy Title: Physical Education

Code Number: 602.11

The physical education program is to provide opportunities and resources for students to acquire knowledge, discipline, and skills to develop physical fitness, holistic wellness, and a vigorous, healthy lifestyle.

All students physically able shall be required to participate in the program for a minimum of one-eighth unit during each semester they are enrolled except as otherwise provided in this paragraph.

A twelfth-grade student may be excused from this requirement by the Principal of the school in which the student is enrolled under one of the following circumstances:

1. The student is enrolled in a cooperative, work-study, or other educational program authorized by the school, which requires the student's absence from the school premises during the school day.
2. The student is enrolled in academic courses not otherwise available.
3. An organized and supervised athletic program which requires at least as much time of participation per week as one-eighth unit of physical education.

One-eighth unit per semester equals 900 minutes of physical education per semester for each physically able student enrolled.

Only when participation in an organized and supervised athletic program equals 900 minutes during a semester may a senior be excused from physical education for that semester.

For purposed of this section, an organized and supervised athletic program is one that is sponsored by the school or school district and employs licensed and appropriately endorsed staff. To qualify as organized and supervised athletic programs, for example, cheerleading squads, dance squads, and show choirs must be supervised by licensed employees or those with coaching endorsements.

First Adoption: May 23, 1989
Revision Adoption: July 18, 1995/September 26, 2000/January 25, 2010
Legal Reference: Code of Iowa §256.11 (5)(g.); 256.11 (6)

Board Policy Document

Students in grades nine through eleven may be excused from the physical education requirement in order to enroll in academic courses not otherwise available to the student, subject to review of the Superintendent's designee.

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