

Board Policy Document

EDUCATIONAL PROGRAMS

Series 600

Policy Title: Physical Education

Code Number: 602.11

The physical education program is to provide opportunities and resources for students to acquire knowledge, discipline, and skills to develop physical fitness, holistic wellness, and a vigorous, healthy lifestyle.

All students physically able shall be required to participate in the program for a minimum of one-eighth unit during each semester they are enrolled except as otherwise provided in this paragraph. A twelfth-grade student may be excused from this requirement by the Principal of the school in which the student is enrolled under one of the following circumstances:

1. The student is enrolled in a cooperative, work-study, or other educational program authorized by the school, which requires the student's absence from the school premises during the school day.
2. The student is enrolled in academic courses not otherwise available.
3. An organized and supervised athletic program (sanctioned by the IHSAA/IGHSAU) which requires at least as much time of participation per week as one-eighth unit of physical education.
4. A student will not be required to enroll in physical education if the student's legal guardian files a written statement with the building Principal stating that the course conflicts with the student's religious belief.

Students in grades nine through eleven may be excused from the physical education requirement in order to enroll in academic courses not otherwise available to the student, subject to review of the Superintendent's designee.

First Adoption: May 23, 1989
Revision Adoption: July 18, 1995/September 26, 2000
Legal Reference: Code of Iowa §256.11 (g.)

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Physically Able

Students shall be considered physically able unless otherwise determined by a physician.