

Board Policy Document

EDUCATIONAL PROGRAMS

Series 600

Policy Title: **Physical Education**

Code Number: **AR602.11**

Medical waivers are permitted at any grade level. It is the intent of the policy to allow students a waiver from physical education only when they fulfill the following conditions:

1. Students requesting waivers from physical education must be in grades 9 through 12.
2. Students must be carrying at least five courses to be eligible for a waiver.
3. Parents must make written application to the building principals. The parent will be notified in writing by the school as to the disposition of the request.

Time Restrictions

The activity that the student is requesting as a replacement for the physical education class must be equal to or in excess of the amount of time usually spent in a physical education course that qualifies as one-eighth unit of physical education in the curriculum of the District.

Activities that Qualify

The building principal will meet with the supervisor of the activity for which a student is requesting a waiver. The minutes applicable for the one-eighth unit must occur during the course of the academic school year to qualify.

First Adoption: May 23, 1989
Revision Adoption: July 18, 1995/September 26, 2000
Legal Reference: Code of Iowa §256.11 (g.)

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The principal must determine that the number of minutes included in physical conditioning in the activity equals or exceeds the number of minutes of physical conditioning in the physical education course for which a waiver is requested.