





STIOUX CITY COMMUNITY SCHOOL DISTRICT

August/September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Challenging Students to Discover Their Unlimited Potential</p>	 <p>Pick a better snack TEAM NUTRITION IOWA</p>		19 Chicken pattie/bun Ranch wedges Baby carrots/dip Sliced apples	20 <i>Big Daddy</i> pepperoni pizza Tossed salad/dressing Peaches Pudding cup
23 Hot dog/bun Pickle spear Baked beans Pears Snack crackers	24 Chicken nuggets/BBQ sauce Mashed potatoes/gravy Bread & butter Baby carrots/dip Fruit cocktail	25 Cheeseburger/bun Baby baker potatoes Sliced pickles Fresh pineapple	26 Taco fiesta Lettuce/tomato/cheese Salsa Fritos Sliced apples	27 <i>Big Daddy</i> cheese pizza Tossed salad/dressing Mandarin oranges Pudding
30 Hamburger/bun Tri tator Sliced pickles Mandarin oranges	31 Country fried steak/bun Mashed potatoes/gravy Corn Pears	Sept. 1 Burrito/cheese/chili sauce Tossed salad/dressing Fruit cocktail Cookie	2 Macaroni & cheese Peanut butter/jelly sandwich Corn Sliced oranges	3 Taco salad bowl Lettuce/tomato/cheese Salsa & sour cream Apple/grapes
6 NO SCHOOL LABOR DAY 	7 Personal pan crispy cheese pizza Tossed salad/dressing Peaches Pudding cup	8 Chicken tenders Mashed potatoes/gravy Bread & butter Baby carrots/dip Banana	9 Taco hot pocket Tossed salad/dressing Sliced apples Fruit gel cup	10 Turkey/cheese sub sandwich Assorted veggies/dip Baked beans Fresh pineapple
13 Chili cheese dog/bun Lattice fries Pickle spear Applesauce	14 Teriyaki chicken nuggets Mashed potatoes/gravy Baby carrots/dip Roll & butter Peaches	15 Garlic cheese French bread Celery sticks/peanut butter Apple slices Trail mix	16 Sicilian pepperoni pizza Tossed salad/dressing Sliced oranges Cookie	17 Tavern/bun Sliced pickles Sliced apples Corn
20 BBQ Rib/sauce/bun Tossed salad/dressing Wheat crackers Fruit cocktail	21 Chicken pattie/bun Tri tator Peas Fresh pineapple	22 Corn dog Ranch fries Pears Pudding cup	23 Spaghetti/meat sauce Cheese bread stick Tossed salad/dressing Grapes	24 BBQ chicken drumstick Biscuit/jelly Corn Sliced oranges
27 Chili crispito w/cheese Refried beans Baby carrots/dip Peaches	28 Teriyaki beef dippers Ranch wedges Assorted veggies/dip Fruit cocktail	29 Chicken noodle soup/crackers Cinnamon roll Celery sticks/peanut butter Pears	30 Gilardi cheese quesadilla Salsa Tossed salad/dressing Mandarin oranges Pudding cup	 <p>Milk is served daily with meals</p>

Menu subject to change without notice