

SIOUX CITY COMMUNITY SCHOOL DISTRICT

Grade 6 - 8

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fiestada pizza Dinner salad /tomatoes fresh sliced oranges Salsa Graham Grips C.chip grahams Milk	3 Chicken nuggets/BBQ sauce Mashed potatoes/gravy carrot sticks/dip fruit cocktail Bread & Margarine Milk	4 Chicken veg rice soup Broccoli/carrots/dip Banana W.G. Cinnamon roll Pretzel Gold fish Milk	5 Burrito / salsa Tossed salad w Pico DE Gallo Apricots Elf Grahams Milk	6 ## Hot dog / bun ## Baked Beans Pickle Spear Pears Milk
9 Corn dog Baked beans Pickle spear Mandarin oranges Milk	10 Country fried steak on a bun Mashed potatoes/gravy Grape tomatoes / dip Peaches Milk	11 Chicken noodle soup Celery / carrot sticks/dip Pears W.G. Cinnamon roll Pretzel Gold fish crackers Milk	12 Chicken tenders Mashed potatoes & gravy Fresh mixed greens/dressing Banana Bread /margarine Milk	13 Indian Taco w lettuce/ cheese w/ black bean salsa/chips Fruit cocktail Celery sticks/ p butter Milk
16 Beef stroganoff Dinner salad/carrots Bread & margarine Fresh pineapple Cookie Milk	17 Chicken cheese quesadilla/salsa Tossed salad/dressing Corn Fr. Sliced oranges Milk	18 Chili w ch. Gold fish crackers Dinner salad/cauliflower Corn bread/ honey butter Mandarin oranges Milk	19 Big Daddy Pepperoni Pizza Dinner salad/ tomatoes Fruit cocktail F. Fr. Chocolate Pudding Milk	20 Chicken Enchiladas w sauce and cheese Spanish Rice Tossed salad/ Dressing Apricots Milk
23 Chili crispito w cheese Black bean salsa/chips Baby carrots/dip Peaches Milk	24 Cheeseburger/bun Baby baker potatoes sliced pickles fresh pineapple Milk	25 Goulash Dinner salad/tomatoes String cheese Bread/margarine Mandarin oranges Milk	26 Deep Dish Pizza Dinner salad/carrots Applesauce Harvest Cookie Milk	27 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY
30 Teriyaki Beef Dippers Corn Biscuit w Jelly Pineapple tidbits Black bean salsa/chips Milk	31 Turkey Burger w cheese / bun Ranch Wedges sliced pickles Pears Milk	1-Nov Chicken noodle soup Brocc/ cauliflower/ dip Fruit cocktail W.G. Cinnamon Roll Pretzel Gold fish crackers Milk	2-Nov Mac & Cheese Green beans PB & jelly Sandwich Carrot sticks/ dip Peaches Milk	3-Nov Beef & cheese taco w salsa Tossed salad/ Dressing Refried beans Sliced oranges Milk

Milk is served daily with meals

contains Pork

Menu subject to change without notice

Sioux City Community School District
is an Equal Opportunity Provider