

**East High Activities** (BJ Koch, EHS AD)  
Twitter: @BlackRaidersEHS

**East High Principal**

Richard Todd [toddr@live.siouxcityschools.com](mailto:toddr@live.siouxcityschools.com)

**Assistant Principal/ Athletic Director:**

BJ Koch [kochb@live.siouxcityschools.com](mailto:kochb@live.siouxcityschools.com)

**Administrative Athletic/Activity Assistant:**

Lorri Winterlin [winterl@live.siouxcityschools.com](mailto:winterl@live.siouxcityschools.com)  
(712) 274-4008

**#BeGreatEHS**

Twitter: EHS Be Great @BeGreatEHS

<https://www.facebook.com/BEGREATEAST/>  
Begreatehs on SnapChat

**East High Counseling** (Counselors)

Jay Weakland - Graduation Coach

Jeff Lucas - Students A-K

Michelle Hoch - Students L-Z

Julie Moreau – Freshman 9<sup>th</sup> grade

Twitter: @\_EHS\_Counseling

**EHS Student Council** (Michelle Pick)

Twitter: @EHStuco



Facebook: @SiouxCityGEARUP  
Twitter: @GEARUPSiouxCity

**Sioux City East High**

**Mission Statement**

East High School exists to empower our students to **Excel** in activities, **Achieve** in academics, and **Succeed** in reaching college and career readiness through a longstanding **Tradition** of producing innovative and creative thinkers.

Please check the **MRAC website** for information on Activity/Athletic events during the school year for all participating schools  
[www.missouririverconf.org](http://www.missouririverconf.org)



**Sioux City Community School District**

Pinterest: Sioux City Community Schools

You Tube: SiouxCityCommSchools

Facebook: Sioux City Community School District

Twitter: @siouxcityschools

**Sioux City Community School Board**

Website:

<http://siouxcityschools.novusagenda.com/agendapublic>

**EHS**

**EHS**

Social Media  
Directory

**2018**

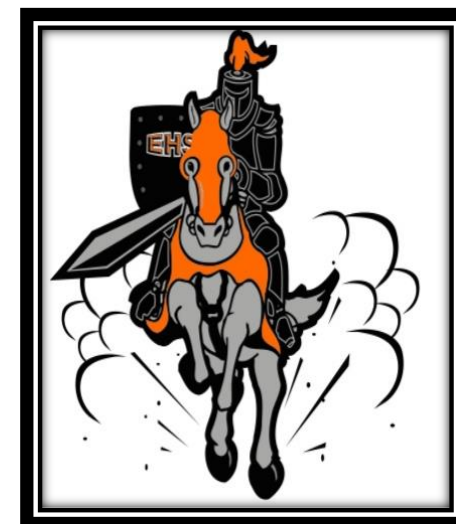
**East High School Homepages**

Website: <http://ehs.siouxcityschools.org>

Facebook: East High School – S.C., IA

**712-274-4000**

**Academics /  
Activities / Athletics**



**EHS Raiders Together** (Jeff Jepsen)

Twitter: @RaidersTogether

Email: [EHSRaidersTogether@gmail.com](mailto:EHSRaidersTogether@gmail.com)**East High FCA** (Jeff Jepsen)

Twitter: @EastHighFCA

**EHS Black Raider Football** (Brian Webb)

Twitter: @sceastfootball

**EHS Boys Basketball** (Rick "Ras" Vanderloo)

Twitter: @SCEastHoops (Mr. Munson)

Facebook: blackraiderbasketball (Corey Munson/Troy Kern)

Instagram: Eastbball

Website – [www.Blackraiderbasketball.com](http://www.Blackraiderbasketball.com)**EHS Boys Baseball** (Kevin Dicus)

Facebook: Black Raider Baseball

(Admin: Andy Compton)

Twitter: @sceastbaseball (Admin: Trevor Miller)

**EHS Girls Basketball** (Brian Drent)Email: [drentb@live.siouxcityschools.com](mailto:drentb@live.siouxcityschools.com)

Twitter: @sceastgbb

**EHS Softball:** (Mike Crawford)

Facebook: SiouxCity East Softball

Twitter: @blackraidersb

Instagram: blackraidersb

**East Boys Soccer** (Mike Borrall)

Twitter: @ehssoccer

Email: [borrallm@live.siouxcityschools.com](mailto:borrallm@live.siouxcityschools.com)**East Girls Soccer** (Tyler Mogensen)

Twitter: @soccer\_ehsgirls

***It's a Great Day to Be a Raider!!*****East High Strength & Conditioning**

Twitter: @east\_strength

**East High Wrestling** (Vince Pederson)

Twitter: @SCEHSwrestling (Admin: Rulin Pederson)

**EHS Boys and Girls Golf** (David Schipper)

Twitter: @blackraidergolf

**EHS Volleyball**

Facebook: facebook.com/blackraidervolleyball

(Admin: Troy Kern)

Twitter: @easthighvball (Admin: )

**EHS Boys & Girls Track** (Rick Clarahan)

Twitter: @SC East Track&amp;Field

**EHS Cross Country (XC)** (Nick Gaul)

Facebook: Black Raider Cross Country

Twitter: @BlackraiderXC

**EHS Girls Swimming** (Molly Hegarty)

Facebook: SC Metro Swimming

Email: [scmetroswimming@gmail.com](mailto:scmetroswimming@gmail.com)**East High Bands:** (Anna Scott/ Brad Anderson)**EHS Color Guard:** (Angela Ericson)

Facebook: East High Bands

Twitter: @ehsbands

**EHS Choirs** (Tom Hales/ Sydney McCoy)Website: [www.ehsvocalmusic.net](http://www.ehsvocalmusic.net) (Admin: Nancy Jensen)

Twitter: @easthighchoirs (Admin: Nancy Jensen)

Facebook – The Headliners 2016-2017 (Admin: Parents)

**EHS Orchestras** (Eleanor May-Patterson)**EHS Cheer Teams** (Kayla Kellen)

Twitter: @cheer4ehs

Instagram: cheer\_4\_ehs

**East High Dance Team** (Kayla Kellen)

Twitter: EHS\_Dance

Instagram: EHS\_Dance

Facebook: Sioux City East Dance Team

**EHS Drama Club** (Marissa Behan)

Facebook: Sioux City East High Drama Club

(Admin: Teacher)

**EHS Debate Squad** (Marissa Behan)

Facebook: Sioux City East High Debate Squad

(Admin: Teacher)

**EHS Writers Guild** (Tavia Heyer)

Twitter: @ehswritersguild

(Admin: Nate Petrik)

**EHS Multicultural Club** (Kristin Helseth)

Facebook: EHS Multicultural Club

Twitter: @ehsmulticulture (Admin: Kimberly Najar)

**EHS MVP – Mentors in Violence Prevention**

Twitter - @EHS\_MVP (Admin: Staci Page)

**EHTV** (Cody Jaminet)

Facebook: EHTV

Twitter: @easthightv

YouTube

<https://www.youtube.com/channel/UCPJ4aOs4TlgrSpA>[XCcYYtQ](https://www.youtube.com/channel/UCPJ4aOs4TlgrSpA)